

## Virtual Tidal Triple Day 3 Results

30<sup>th</sup> May 2021

<b>Half</b>	<b>Name</b>	<b>Time</b>
1	Jon Bailey	03:23:56
<b>10km</b>	<b>Name</b>	<b>Time</b>
1	Heather Travis	00:47:43
2	Nick Armstrong	00:49:35
3	Rachel Read	00:52:59
4	Paula Herbert	01:04:00
5	Al McNulty	01:10:45
6	Jim Beaton	01:17:46
<b>5km</b>	<b>Name</b>	<b>Time</b>
1	Brenda Bagley	00:29:17
2	Caroline Peet	00:30:10
3	Shelley Myers	00:39:16
4	Ben Park (6km)	00:43:10
5	Gemma McGlinchey	01:00:07
<b>10 miles</b>	<b>Name</b>	<b>Time</b>
1	Nicholas Rattray	01:31:15