

Virtual Frosty Triple Series 2020 - Day 3 Results

Position	Runner	Time
5km		
1	Jeffrey Bailey	00:23:40
2	Sian Wardle	00:27:05
3	Victoria Wilding	00:27:32
4	David Herdman	00:30:40
5	Diane Card	00:31:17
6	Paula Herbert	00:32:15
7	Rachel Read	00:35:15
8	Terry Peet	00:37:21
9	Caroline Peet	00:37:59
10	Henry Herdman	00:50:24
11	Gemma McGlinchey	01:04:03
10km		
1	Heather Travis	00:47:02
2	Andrew Moonan	00:47:50
3	Laura Midwinter	00:52:37
4	Al McNulty	00:53:58
5	Karen Oldham	00:54:21
6	James Card	00:56:56
7	Chris Hughes	00:57:24
8	Dawn Evans	00:58:33
9	Laura Williams	00:59:18
10	Mark Bullingham	00:59:42
11	Andy Birch	01:05:59
12	Shelley Myers	01:22:19
13	Katie Duxbury	01:23:17
Half Mara		
1	James Thomas	01:57:17
2	Nic Molloy	01:59:00
3	Tracy Charters	02:05:00
4	Jonathan Bailey	02:18:46
Marathon		
1	Chris Foden	04:38:48
2	Alan Murray	04:43:16

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