

VIRTUAL TIDAL TRIPLE SERIES

DAY 1 (29TH MAY 2020)

5km	Name	Finish Time
1	Vicky Parkinson	0:26:23
2	Al McNulty	0:26:35
3	Gemma McGlinchey	0:32:15
4	Karen Ann Bennett	0:34:13
5	Sharon Hill	0:38:30
6	Penny Moreton	0:45:30
10km		
1	Paula Herbert	0:54:35
2	Matt Atkinson (late entry)	0:57:03
2	Shaun Nelson	0:57:16
3	Chris Foden	1:01:41
4	Dennis Cartwright	1:09:16
5	Katie Duxbury	1:14:09
9 miles	Wendy Craik	1:39:31
Half		
1	Laura Midwinter	1:46:30
2	Nicholas Rattray	2:02:20
3	Jonathan Bailey	2:21:43
4	Lesley Grieve	3:10:02
4	Shelley Myers	3:10:02
Marathon	Name	Time
1	Richard Collitt	4:31:38
2	Sam Hughes	4:53:31