

## Frosty Triple Series: 15<sup>th</sup> - 17<sup>th</sup> December 2017

### 3 in 3 runner Standings

#### Marathon 3 in 3

Position	Name	DAY 1	DAY 2	DAY 3	Total Time
1	Sam Hughes	3:37:15	3:38:25	3:48:57	11:04:17
2	Eugene Winters	4:19:29	3:52:54	3:54:00	12:06:23
3	Sonja Farish	4:47:43	4:54:17	5:12:00	14:34:00
4	John Kew	5:44:30	4:52:35	5:27:17	16:04:22
5	Janet Monaghan	5:20:00	5:42:02	5:36:52	16:38:54
5	Alan Chesters	5:20:00	5:42:02	5:36:52	16:38:54
6	Nick Armstrong	5:29:14	5:37:41	5:36:52	16:43:47

#### Half Marathon 3 in 3

Position	Name	DAY 1	DAY 2	DAY 3	Total Time
1	Ted Smith	1:41:59	1:40:45	1:44:07	5:06:51
2	Chantal Hagen	2:05:03	2:02:14	2:02:06	6:09:23
3	Suzanne Boyle	2:05:03	2:01:08	2:06:16	6:12:27
4	Lorna Simpson	2:15:00	2:21:14	2:09:20	6:45:34
5	Al Goodings	2:26:29	2:23:06	2:26:30	7:16:05

**10 km 3 in 3**

<b>Position</b>	<b>Name</b>	<b>DAY 1</b>	<b>DAY 2</b>	<b>DAY 3</b>	<b>Total Time</b>
<b>1</b>	<b>David Morris</b>	<b>1:03:03</b>	<b>0:58:46</b>	<b>0:58:50</b>	<b>3:00:39</b>
<b>2</b>	<b>Chris Young</b>	<b>1:05:20</b>	<b>1:05:08</b>	<b>1:03:54</b>	<b>3:14:22</b>
<b>3</b>	<b>Dawn Wild</b>	<b>1:12:52</b>	<b>1:07:42</b>	<b>1:06:40</b>	<b>3:27:14</b>
<b>4</b>	<b>Paula Herbert</b>	<b>1:13:12</b>	<b>1:12:41</b>	<b>1:06:26</b>	<b>3:32:19</b>
<b>5</b>	<b>Angela Cairns</b>	<b>1:17:30</b>	<b>1:14:09</b>	<b>1:08:52</b>	<b>3:40:31</b>
<b>6</b>	<b>Tracy Brackwell</b>	<b>1:17:30</b>	<b>1:14:09</b>	<b>1:10:32</b>	<b>3:42:11</b>
<b>7</b>	<b>Rebecca Preston</b>	<b>1:17:30</b>	<b>1:14:09</b>	<b>1:11:02</b>	<b>3:42:41</b>

**5 km 3 in 3**

<b>Position</b>	<b>Name</b>	<b>DAY 1</b>	<b>DAY 2</b>	<b>DAY 3</b>	<b>Total Time</b>
<b>1</b>	<b>Maria Blakey</b>	<b>0:30:54</b>	<b>0:40:57</b>	<b>0:30:00</b>	<b>1:41:51</b>
<b>2</b>	<b>Alison McMenemy</b>	<b>0:35:48</b>	<b>0:46:54</b>	<b>0:34:34</b>	<b>1:57:16</b>
<b>2</b>	<b>Ruth Haughian</b>	<b>0:35:48</b>	<b>0:46:54</b>	<b>0:34:34</b>	<b>1:57:16</b>