

# Frosty Triple Series – Day 2

10<sup>th</sup> December 2022

<b>5km</b>		
<b>Position</b>	<b>Runner</b>	<b>Finish Time</b>
1	Ben Park	00:22:35
2	Mike Higgins	00:28:12
3	Yvonne Holt	00:30:53
4	Hazel Sankey	00:31:42
5	Donna Johnston	00:32:53
6	Malcolm Hill	00:33:00
6	Karen Bennett	00:33:00
6	Mark Barrow	00:33:00
6	Dawn Evans	00:33:00
7	Dawn Wild	00:33:21
7	Jeff Crosthwaite	00:33:21
8	Karen Hawkrigg	00:34:01
8	Mandie Beckett	00:34:01
9	Jim Beaton	00:38:03
10	Kim Smith	00:38:14
11	Gemma McGlinchey	00:38:22
12	David Sankey	00:48:36
13	Annette Higgins	00:52:30
<b>10km</b>		
<b>Position</b>	<b>Runner</b>	<b>Finish Time</b>
1	Dean Crossman	00:47:00
2	Margaret Murphy	00:47:30
3	Laura Midwinter	00:47:57
4	Rob Webber	00:48:23
5	Vicky Henderson	00:48:59
6	Dan Charnley	00:50:30
7	Sally Chadd	00:59:56
8	Anna Francis	01:00:14
9	Gemma Durkin-Smith	01:03:31
10	Steve Hartle	01:03:50
11	Chris Kay	01:05:22
12	Sally Barton	01:05:40
13	Julie Cull	01:09:52
14	Steph Roberts	01:23:38
15	Chris Foden	01:32:47
<b>Half</b>		
<b>Position</b>	<b>Runner</b>	<b>Finish Time</b>
1	Cameron Baker	01:34:45
2	Joe Horsley	01:46:39
3	Ben Charnley	01:47:02
4	Lee Masson	01:57:30
5	Karen Oldham	02:12:22
<b>Marathon</b>		
<b>Position</b>	<b>Runner</b>	<b>Finish Time</b>
1	Paul Dixon	03:54:56
2	James Almond	04:05:59
3	Brian Cumpsty	04:17:21

<b>Virtual</b>		
<b>5km</b>	<b>Runner</b>	<b>Finish Time</b>
1	Al McNulty	00:30:35
2	Paula Herbert	00:31:29
3	Olly Griffiths	00:37:05
4	Emily Bruchez	00:48:54
5	Caroline Peet	01:27:30
5	Terry Peet	01:27:30
<b>10km</b>	<b>Runner</b>	<b>Finish Time</b>
1	Mel Simmonds	01:05:15
2	Janet Monaghan	01:22:01
2	Andrew Easterby	01:22:01
3	Gemma Ward	01:47:00
3	Becky Henry-Brown	01:47:00
<b>Half Marathon</b>	<b>Runner</b>	<b>Finish Time</b>
1	Jonathan Bailey	03:30:00