

Day 1 Tidal Triple Series

27th May 2022

5km		
Position	Name	Finish Time
1	Malcolm Hill	00:23:52
2	Al McNulty	00:25:36
3	Kelly White	00:28:23
4	Karen Hawkrigg	00:30:07
5	Gemma McGlinchey	00:30:57
6	Emily Bruchez	00:34:38
7	Natalie Wilson	00:38:07
8	Lynne Chambers	00:41:52
10km		
Position	Name	Finish Time
1	Paul Bayman	00:50:25
2	Nic Molloy	01:00:13
Half Mara		
Position	Name	Finish Time
1	Jonathan Bailey	01:57:48
Virtual 5km		
Position	Name	Finish Time
1	Paula Herbert	00:59:49