

## Day 3 Tidal Triple Series

29<sup>th</sup> May 2022

<b>1 mile</b>		
<b>Position</b>		
1	Emily Bruchez	00:11:46
1	John Bruchez	00:11:46
<b>5km</b>		
<b>Position</b>	<b>Name</b>	<b>Finish Time</b>
1	Kelly White	00:29:06
2	Karen Hawkrigg	00:31:42
3	Jacob Prothero	00:32:27
4	Jim Beaton	00:39:26
5	Lynne Chambers	00:44:14
6	Paula Herbert	00:48:15
7	Gemma McGlinchey	00:51:46
8	Emily Bruchez	01:00:46
9	John Bruchez	01:02:05
9	Elizabeth Bruchez	01:02:05
<b>10km</b>		
<b>Position</b>	<b>Name</b>	<b>Finish Time</b>
1	Paul Bayman	00:49:52
2	Dawn Evans	01:01:05
3	Malcolm Hill	01:01:10
4	Mark Barrow	01:01:35
4	Al McNulty	01:01:35
5	Brenda Bagley	01:05:34
6	Jamie Leitch	01:16:20
7	Lorna Leitch	01:16:24
<b>Half Mara</b>		
<b>Position</b>	<b>Name</b>	<b>Finish Time</b>
1	Jonathan Bailey	01:56:55
<b>Marathon</b>		
<b>Position</b>		
1	Chris Foden	04:47:46